



POLICY/PROCEDURE

POLICY#

SUBJECT/TITLE: Healthy Beverage Policy		
POLICY: Grand Itasca Clinic and Hospital will eliminate the sale and distribution of sugar-sweetened beverages (SSBs) from their cafeteria and coffee bar, vending machines, and patient meals (unless prescribed as a portion of the patient’s dietary needs).		
APPLICABLE TO: All Staff		
APPROVED BY/DATE:	EFFECTIVE DATE: 03/02/2013	REVISION/REVIEW DATE:

POLICY

In an effort to promote a healthy environment for patients, staff, and visitors, and to serve as a model of health promotion, Grand Itasca Clinic and Hospital will eliminate the sale and distribution of sugar-sweetened beverages (SSBs) from their cafeteria and coffee bar, vending machines, and patient meals (unless prescribed as a portion of the patient’s dietary needs).

Sugar-sweetened beverages are those that contain caloric sweeteners and include soft drinks (“soda” or “pop”), fruit drinks, sports drinks, tea and coffee drinks, energy drinks, and any other beverages to which sugar, typically high fructose corn syrup or sucrose (table sugar), has been added.

PROCEDURE

1. This policy pertains to all beverages offered for sale or otherwise to employees, patients and visitors, including, but not limited to, cafeteria, vending machines, meal trays and patient nourishments/snacks.
2. This policy excludes any sugar-sweetened beverages prescribed by the patient’s health care provider or recommended by a registered dietitian.
3. Employees and visitors will continue to have personal choice of any beverages they purchase outside of the hospital and bring to work.